**What to Bring:**
- Clean Clothes for Thursday, Friday, Saturday and Sunday:
 **AT LEAST** Four pairs of shorts and shirts (polos or tees)
 **AT LEAST** Two Pairs of Athletic shorts and two athletic tee shirt
 **AT LEAST** Sneakers
 Sleepwear
 For Saturday Afternoon: Nice looking shorts, or slacks and a polo
 Appropriate undergarments and socks (please plan on extra socks!)
 We will **NOT** have access to laundry.

- Face covering or mask. While we have them to supply, you may prefer your own.

- Though August, the Adirondacks can get cool at night so a sweatshirt and sweatpants are recommended

- Sports bottle that you can re-fill for water

- Modest swim wear for lake front and slips/flip flops/sandals

- Deodorant, shampoo, soap, toothbrush, toothpaste, and other toiletry items

- Sleeping bag, or sheets and a blanket

- A pillow

- Sunscreen (SPF 30 or higher)

- Rain gear like an umbrella and a poncho

- DeMolay Ritual Book

- Two towels, one for showering and one for the waterfront

- Sunglasses

- Alarm Clock

- Mosquito or Bug spray

- Hat or other head covering

- Some have found that having a sheet to go over the door adds privacy

- Some small spending money, no more than $20.

- A power cord or a power strip may be appropriate.

- Upbeat and can do attitude!

What **NOT** to bring
- Please leave video game systems, TVs and like electronics home.

- Food: We will have snacks and food available for you. Foods and drinks create problems for the local wildlife.

- Anything prohibited including but not limited to alcohol, drugs, tobacco, vaping, etc.

- Negative attitudes